

**2018**

**January 19-20**

St. Louis, Missouri, USA

St. Louis Hip Skills **Hands-on Cadaver** Course:

# **HIP ARTHROSCOPY AND PRESERVATION PROCEDURES**

Jointly planned by  
Saint Louis University School of Medicine and  
Washington University School of Medicine



**SAINT LOUIS  
UNIVERSITY**

— EST. 1818 —

<http://pa.slu.edu>

Course Chairman:

**John C. Clohisy, MD**

Course Co-Directors:

**Christopher M. Larson, MD**

**Jeffrey J. Nepple, MD**

An offering through: Practical Anatomy & Surgical Education, Department of Surgery  
Saint Louis University School of Medicine

### Fundamentals of Hip Preservation

- › Case Presentation
- › Hip Arthroscopy: A Historical Perspective
- › History and Physical Examination
- › Plain Radiographic Evaluation
- › 3-Dimensional Imaging (MRI, MRA, CT)
- › Discussion/Questions
- › FAI: Surgical Decision Making
- › Hip Dysplasia: Surgical Decision Making

### Interactive Break Out Table Discussions

- › Introduction and Format for Table Based Discussions
- › Faculty Case Discussions – Fundamentals

### Optimizing Hip Preservation Procedures and Technical Pearls - Scope

- › Hip Arthroscopy: Access and Central Compartment
- › Hip Arthroscopy: Peripheral Compartment and Capsule
- › Hip Arthroscopy: Alternative Approaches
- › Hip Arthroscopy: Labral Reconstruction
- › Discussion/Questions

### Optimizing Hip Preservation Procedures and Technical Pearls- Open

- › Surgical Hip Dislocation
- › Periacetabular Osteotomy (PAO)
- › Proximal Femoral Osteotomy
- › Discussion/Questions

### Outcomes, Complications, and Failure

- › Hip Arthroscopy: Outcomes, Complications, Failures
- › Surgical Dislocation: Outcomes, Complications, Failures
- › PAO: Outcomes, Complications, Failures
- › Discussion/Questions

### Surgical Case Demonstrations

- › [Surgical Video: Hip Arthroscopy](#)
- › [Surgical Video: Surgical Hip Dislocation](#)
- › [Surgical Video: PAO](#)
- › [Hands-on Cadaver Lab Hip Arthroscopy](#)  
[Open Procedures: PAO/ Surgical Dislocations](#)
- › St. Louis Pizza and Brews Reception
- › Interactive Case Discussions and Participant Case Presentations

### Advanced Concepts in Hip Preservation

- › Hip Arthroscopy: Capsular Management
- › Femoral Version and Extra-Articular Impingement
- › PAO: Role of Adjunct Procedures
- › Discussion/Questions

### Interactive Table-based Case Discussions

- › Faculty Case Discussions – Controversial Cases
- › [Hands-on Cadaver Lab Hip Arthroscopy Lab](#)  
[Open Procedures: PAO/ Surgical Dislocations](#)

## REGISTRATION & TUITION

### REGISTRATION:

For Further Course Details and Registration go to:  
<http://pa.slu.edu>.  
This workshop will be held at the PASE Learning Center located in Young Hall:  
3839 Lindell Boulevard, St. Louis, MO 63108

### TUITION FEES:

Physicians: .....\$1895  
Residents/Fellows/USA Military: .....\$1325  
PA, RN, NP: .....\$500

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

### EDUCATIONAL OBJECTIVES

- Discuss patient evaluation and diagnostic skills for pre-arthritis and early-arthritis hip disease.
- Review and discuss to improve knowledge regarding the most common pre-arthritis hip disorders (femoroacetabular impingement and hip dysplasia).
- Describe and evaluate the appropriate indications for arthroscopic and open procedures in the treatment of pre-arthritis hip disease.
- Under the guidance of expert faculty, identify the surgical anatomy for, and perform the various surgical techniques (hip arthroscopy, surgical dislocation, periacetabular osteotomy and proximal femoral osteotomy) for the treatment of pre-arthritis hip disorders.

### CONTINUING EDUCATION

Accreditation: Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Saint Louis University School of Medicine designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Course Chairman

#### John C. Clohisy, MD

Daniel C. and Betty B. Viehmann  
Distinguished Professor  
Department of Orthopaedic Surgery  
Washington University  
School of Medicine  
St. Louis, MO

### Course Co-Directors

#### Christopher M. Larson, MD

Program Director: Orthopedic  
Sports Medicine Fellowship  
Head Team Physician,  
Minnesota Vikings  
Director of Arthroscopic  
Hip Joint Preservation  
Minnesota Orthopedic Sports  
Medicine Institute at  
Twin Cities Orthopedics  
Edina, MN

#### Jeffrey J. Nepple, MD

Assistant Professor  
Director, Young Athlete Center  
Department of Orthopaedic Surgery  
Washington University  
School of Medicine  
St. Louis, MO



*Faculty subject to change. For updates go to <http://pa.slu.edu>*

### Invited Faculty

#### Paul E. Beaulé, MD, FRCSC

Professor of Surgery  
Division of Orthopedic Surgery  
University of Ottawa Hospital  
Ottawa, Ontario  
Canada

#### J.W. Thomas Byrd, MD

Nashville Sports Medicine Foundation  
Nashville, TN

#### Madelyn Curry, RN, BSN, ONC

Clinical Nurse Coordinator  
Department of Orthopaedic Surgery  
Washington University  
School of Medicine  
St. Louis MO

#### Cecilia Pascual-Garrido, MD

Assistant Professor  
Orthopedic Surgery  
Department of Orthopedic Surgery  
Washington University  
School of Medicine  
St. Louis, MO

#### Young-Jo Kim, MD, PhD

Professor  
Department of Orthopedic Surgery  
Harvard Medical School  
Boston Children's Hospital

#### Michael B. Millis, MD

Professor of Orthopedic Surgery  
Department of Orthopedic Surgery  
Harvard Medical School  
Founding Director, Adolescent  
and Young Adult Hip Unit  
Children's Hospital Boston  
Boston, MA

#### Shane J. Nho, MD, MS

Assistant Professor  
Department of Orthopedic Surgery  
Division of Sports Medicine  
Rush University Medical Center  
Rush Medical College  
Chicago, IL

#### Ryan M. Nunley, MD

Associate Professor  
Department of Orthopaedic Surgery  
Washington University  
School of Medicine  
St. Louis, MO  
Boston, MA

#### James R. Ross, MD

Attending Orthopedic Surgeon  
Broward Orthopedic Specialists  
Ft. Lauderdale, FL

#### Michael J. Salata, MD

Director  
Joint Preservation and Cartilage  
Restoration Center  
University Hospitals  
Case Medical Center  
Team Physician  
Cleveland Browns  
Assistant Professor  
Department of Orthopaedic Surgery  
Case Western Reserve University  
Cleveland, OH

#### Perry L. Schoenecker, MD

Professor of Orthopaedic Surgery  
Department of Orthopedic Surgery  
Washington University  
School of Medicine  
Chief, Pediatric Orthopedics  
St. Louis Shriners Hospital  
for Children  
St. Louis, MO

#### Michael D. Stover, MD

Professor  
Department of Orthopaedic Surgery  
Northwestern University Feinberg  
School of Medicine  
Chicago, IL

#### Ira Zaltz, MD

Associate Professor  
Department of Orthopedic Surgery  
William Beaumont Hospital  
Royal Oak, MI

Physician attendees are welcome to bring their PA, RN, NP or other support staff to train as a team. They will be able to observe and participate in all lectures and discussion sessions, and observe/assist with procedures performed in the lab.