



Sports Medicine

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Post-Operative Prescription Guidelines

All prescriptions will be given on the day of surgery. Should you need refills, please contact the clinic within 48 business hours (Monday-Friday, 8:30am to 4:30pm). ***Refills will not be authorized outside of those hours.*** Please have the phone number available of the pharmacy that you would like to utilize for your refills.

- ✓ One of the medications is a codeine derivative for pain and should be taken as directed and only as needed. After several days, pain may reduce significantly. At this point you may choose to cease taking or decrease the dose of the codeine derivative medication.
- ✓ The other medication you may be prescribed is called Indocin. It is in the drug class named NSAIDs (non-steroidal anti-inflammatory) and will be given to you for 10 days
- ✓ You will also receive another medication that is given as an anti-nausea agent (for use as needed).
- ✓ Aspirin will be given for 21 days to prevent DVT (thrombosis)

Common symptoms of an allergic reaction to prescription medication include:

- Nausea and vomiting not relieved by lying down or eating bland foods.
- Severe itchiness
- Rash
- Severe dizziness
- Slowed heartbeat